



Welcome to what we hope to be a very long term relationship with our long time overdue newsletter....

d.o.u.g.h and *Lambitious*
a little introduction:



It's not about settling down.

Not a question of where you've been, or why you're here?

Where did you come from, why did you come back?

What have you seen, why do you want to give it up?

Together, the 3 of us have seen the world, sailed it, tested it, tasted it, remember it and we're bringing it home...



Dylan, Mariette and Chani, have traveled the world for the past 12 years. Between us, we've gone from cycling across the United Kingdom, dietetics, interior design, marine mammal training, sailing the Caribbean, Atlantic Ocean and Mediterranean seas. We've lost our

hearts to the underwater world of east Africa and taught others to lose theirs too. We have cooked and entertained on private yachts in the British Virgin Islands, Antigua and Barbuda, Italy, Spain and France, rubbed shoulders with the most influential and the most influenced... and chose wine for our restaurant in the cellars of Stellenbosch.

Now we're home, ready for our biggest challenge yet - sharing all we have absorbed,

gathered, experienced and learnt - on a plate! What better way to celebrate, live and be alive than with a belly filled with good food, a palate ready for more



wine and a heart soaring with memories, stories and friends!

Our recipe is simple: good, pure and honest food, no pretences, no illusions. Great food,
big smiles, good times.

It's about remembering your roots.

Throughout the year, we will send out monthly newsletters, sharing with our friends and clients experiences that we enjoyed, enjoy and will enjoy. Functions, snippets, interesting events etc. We're pretty busy - so hope you're ready....

Thank you

Chani, Mariette and Dylan